

MORPHOMETRIC AND HISTOCHEMICAL ALTERATIONS IN THE PINEAL GLAND OF RHINOPOMA KINNEARI DURING VARIOUS DEVELOPMENTAL AND REPRODUCTIVE STATES

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Abstract

In placental mammals, the pineal gland is known to play a significant role. *Rhinopoma kinneari*, insectivorous micro chiropterans, was used in the present study to delineate the histochemical profile of macromolecule in the pineal gland using developmental and reproductive state as the variable. Size of pineal gland, site and pattern of distribution of protein, DNA and RNA was used as the parameter of evaluation. Pineal size was greater in pregnant and lactating females i.e. up to July. However, it was smallest in the foetal pineal gland. Juvenile pineal size was significantly larger in August. In summer as the temperature increases hypertrophy of pinealocyte nuclei and nucleoli occurs. Mercurobromophenol blue DNA and RNA accumulation was highest in the pineal gland of foetal and torpor stage while lowest in neonate and pregnant state.

Key Words : Bats-*Rhinopoma kinneari*, Pineal gland, Pinealocytes.

Introduction

The mammalian pineal gland displays considerable degree of morphological, histochemical diversity. The pineal gland is greatly influenced by photoperiod and other variants of the seasonal factors (15) Such changes are cyclic in numerous bat species and are linked with their physiological states (5,7,89,26). Seasonal rhythms are associated with changes in the length of the day (33,34). In addition, developmental and reproductive states are also linked with pineal gland activity.

Studies on the nexus between cyclic activities of the chiropteran pineal gland and gonadal cycles are scant and fragmentary (1,2,3,6). Hence the present report deals with a comparison of the pineal gland morphology and histology during foetal, neonate, juvenile and adult states of male *Rhinopoma kinneari*. Similar studies were carried out on female with pregnancy and lactation as the other variables.

Materials and Methods

Rhinopoma kinneari were collected from Bagor-ki-Haveli, Udaipur (Raj.), India (latitude 24/34 N, longitude 73/42 E). Bats were sexed and categorized on the basis of weight and reproductive state. They were sacrificed by cervical dislocation between 11 a.m. to 12 noon. The brain was removed. The pineal gland with habenular complex was carefully excised and fixed for routine light and electron microscopy. Histochemical detection of mercurobromophenol positive protein, DNA and RNA as per the method described in the Pearse (1968). The size of the pineal gland was determined by utilizing a Zeiss oculometer. The data were analyzed using a one-way ANOVA (12). Every alternate section (7 μ m) of pineal gland was visually appraised and microphotographed.

Results

Histochemical loci of mercurio-bromophenol positive protein, DNA and RNA in the cellular elements of pineal gland during various developmental and reproductive state of *Rhinopoma kinneari* manifested characteristic staining profile.

The pineal gland was situated on the dorsal side of the brain between the two cerebral hemispheres, just posterior to the third ventricle and anterior to the optic lobe. It rested upon the dinecephalons and was highly vascularised by numerous superficial blood capillaries.

Using the classification of pineal gland of *Rhinopoma kinneari* conformed to type A (4). It was characterized by an oval to pinecone shape and was located in the deeper aspect of the cerebral hemisphere. The gland was flattened in a dorsoventral direction. A compact and massive habenular complex grossly oversized was observed which coursed through the anterior aspect of the gland. The pineal parenchyma consists of two types of pinealocytes-light and dark make up bulk the gland (3).

Significant difference ($p < 0.01$) in the width of pineal gland between two habenular nuclei was observed from foetal to juvenile stage in male bats. However, no significant difference was observed during various developmental and reproductive stage of female bats.

A significant difference ($p < 0.01$) in the length of pineal gland between anterioposterior axes was observed in foetal and neonate, neonate and juvenile, non-breeding and breeding adult male bats. However, in female bats significant difference was observed between foetal and neonate, non-breeding and breeding, breeding and pregnant, pregnant and lactation stage.

Mercurobromo phenol positive protein in the male bats nucleoli of pinealocytes of foetus and torpor bats displayed intense staining. This was also true for nuclear membrane as compared to chromatin network and nucleoplasm. The staining intensity of neonate pinealocytes was observed milder as compared to the pinealocytes of foetal and juvenile state. The pinealocytes of non-breeding and breeding bats stained moderately as compared to ones of the juvenile phase. The nucleus of pinealocytes of non-breeding males stained slightly strongly than the pinealocytes

TABLE 1 : Relationship between various development and reproductive state of Bat weight, Brain weight and pineal gland morphology in male *Rhinopoma Kinneari*

S.No.	Stages	Mean Bat wt. (gm)**N = 5	Mean Brain wt. (gm)*N = 5	Mean width of Pineal gland between two HC (m)**N = 5	Mean length of Pineal gland anterio post (m)** N=5	Mean area of transverse section of Pineal gland (sq. m)**N=5
1.	Foetal (at term)	1.09 a	0.104 a	405.0 a	197.4a	62960.9a
2.	Neonate	4.91 4b	0.245b	254.6b	360.2b	71909.9a
3.	Juvenile	8.474c	0.276bc	532.4c	262.4a	112377.4b
4.	Nonbreeding	12.554 d	0.273bcd	421.0ac	330.0bc	108392.8c
5.	Breeding Adult	23.781e	0.259bcde	431.2ac	212.4a	69818.8a
6.	Hibernated	13.912df	0.284bcdef	444.2ac	262.8a	91474.38abc
Standard error		0.6628	0.0348	28.81101	16.552	8653.433
Critical diff. 5%		1.9348	0.1016	84.27	48.315	25258.582
Critical diff. 1% variance (%)		2.66	0.1377	113.28	65.54	34265.519

* Significant at 5% ** Significant at 1% Legend HC = Habenular commissure
Within a coloum followed by the same letters are not significantly different.

nucleus of breeding stage. In all the stages, the endothelium of the blood vessels manifested mild protein staining. The pinealocytes of females exhibited intense protein staining during both non-breeding and nulliparous stage. The nuclear membrane and nucleoli stained intensely. Mild staining was noticed in the pinealocytes of pregnant female. The nuclear membrane and nucleoli of pinealocytes in juvenile and lactating females exhibited moderate protein staining.

DNA and RNA staining patterns in the pineal gland of male torpor bats nuclear membrane and nucleoli of pinealocytes stained intensely for DNA and RNA. Positive pyronin Y staining was exhibited by cytoplasm. The nucleoli of pinealocytes of foetal bats stained strongly with methyl green and pyronin Y. In juvenile males, methyl green staining was observed in the nucleus of pinealocytes. In non-breeding male, the nucleus showed weak methyl green staining. In breeding males, the methyl green staining was subdued due to predominance of pyronin Y stain. In case of neonate female the nucleolus of pinealocytes did not manifest methyl green staining. In juvenile female, the nucleoli, nuclear membrane of pinealocytes did not manifest methyl green staining. In non-breeding moderate methyl green staining was observed. However, in breeding female it was intense. The cytoplasm of the pinealocytes showed intense pyronin Y staining. In pregnant stage the nucleoli of pinealocytes not stained by methyl green and intensely with pyronin Y. In lactating stage the pineal gland showed moderate to intense methyl green staining and light pyronin Y staining.

Pinealocytes are not only the principal cellular components of the pineal gland, but they are also the principal synthetic machinery of this enzymatic gland with highly diverse and often questionable empirical roles assigned to it. Pineal gland is an important integral component of neuro endocrine axis. Pinealocytes were of juvenal stages very large round to oval

eccentric nucleolus, several large clumps of heterochromatin disperse in the nucleoplasm. Nerve fibers tightly contacting pinealocytes. Infolding of ependyma make larger the size of the pineal gland at juvenile stage. Foetal pinealocytes & nuclei are large and scatter then the other stage. The pineal gland *Rhinopoma kinneari* consists neuroglial cells and pinealocytes of two types e.g., (i) light and (ii) dark. Secretory granules are observed in the supra pineal recesses. The population of dark pinealocytes, and melatonin pigmentation are observed it may mean greater biosynthesis and elaboration of hormone. Which would eventually suppress folliculogenesis. The blood supply to the gland is observed from the posterior choroidal branches of the posterior cerebral arteries. The gland has copious blood supply. In advanced age the pineal gland of pregnant and torpor stage shows mulberry shape lobules of calcium deposits (Corpora araneacea). The pineal is innervated by sympathetic axons - post ganglionic sympathetic axons arrive in the pineal from perikarya located in the SCG. The striated muscle fibers lie primarily near the surface of the gland and their association with blood vessels has been noted.

Two populations of pinealocytes have been described which differed in the contents of organelles. Granular vacuoles, cytoplasmic, vacuoles, glycogen granules rarely observed connective lamellae, faint mitochondria with parallel bundles of microfilaments are observed.

Pineal gland of foetus

The tiny pineal gland of fully developed foetus was characterised by rosette-like arrangement of cells. Two structurally different types of pinealocytes were observed. These were the light and dark pinealocyte which differed in the degree of their cytoplasmic density and staining affinity for eosin.

The pinealocyte nuclei were oval in shape. They were prominent with very large round to oval nucleus which was eccentrically

placed. Secretory granules of various shapes and size were observed on the peripheral aspects of these cells. The cytoplasm of these cells was weakly eosinophilic. The mean diameter of pinealocyte nucleus was 28 μm . Intra pineal neurons and blood vessels were also observed.

Pineal gland of Neonate

The two types of pinealocytes were found and had nuclei with granular chromatin material. Pinealocytes were tightly packed together. The cytoplasm of these cells was strongly eosinophilic. The mean diameter of pinealocytes nucleus was 21 μm . Intra pineal neurons, cavities, and blood vessels were also observed.

Pineal gland of juvenile male

The pinealocytes were arranged in rosette pattern and were tightly packed. The mean diameter of pinealocytes nucleus was 31 μm . Two types of pinealocytes could be recognized i.e. the light and dark types. They differed in the degree of their cytoplasmic density and staining affinity for eosin.

Pineal gland of juvenile female

The pinealocytes were round to oval in shape and contained granular cytoplasm, which was weakly eosinophilic. Pinealocytes were observed to be highly eosinophilic. Pinealocytes were observed to be tightly packed. The nucleus of pinealocytes was large and contained prominent nucleoli. The mean diameter of nucleus was 27 μm . Intra pineal neurons, intra-pineal cavities, and blood vessels were also observed.

Pineal gland of adult male

The pinealocytes were round to oval in shape and were of two types viz. light and dark. In the light pinealocytes cytoplasm was agranular and stained weakly. However, in dark pinealocytes, the cytoplasm was strongly eosinophilic. These pinealocytes were randomly arranged and did not manifest any specific pattern. The mean diameter of nucleus was 30 μm . The nuclei of pinealocytes also exhibited differential basophilia. Intrapineal neurons; intra pineal cavities and blood vessels were also observed.

Pineal gland of adult female

Pinealocytes were closely packed and were not surrounded by connective tissue element. Non uniform arrangement of pineal parenchymal cells was observed. Two structurally different types of pinealocytes were observed. These were the light - and dark-pinealocytes. The relative population of light pinealocytes was observed to be much higher than the dark pinealocytes. These cells differed in their degree of cytoplasmic density. No intermediate stages between the light and dark pinealocytes were discernible. Pinealocytes exhibited signs of synthetic activities. Their cytoplasm was weakly eosinophilic.

The pinealocytes were characterized by the presence of a large and oval nucleus. The nucleus was characterised by large quantity of stainable euchromatin and prominent basophilic nucleolus. The mean diameter of pinealocytes nuclei in female during the non breeding stage was 22 μm , and during breeding stage it was 26 μm . In pregnant females it was 27 μm and in lactating females it was 25 μm .

TABLE 2: Relationship between various development and reproductive state of Bat weight, Brain weight and pineal gland morphology in female *Rhinopoma Kinneari*

S.No.	Stages	Mean Bat wt. (gm)**N = 5	Mean Brain wt. (gm)*N = 5	Mean width of Pineal gland between two HC (m)**N = 5	Mean length of Pineal gland anterio post (m)**N=5	Mean area of transverse section of Pineal gland (sq. m)**N=5
1.	Foetal (at term)	1.09 a	0.104 a	405.0 a	197.4a	62960.9a
2.	Neonate	5.353b	0.234b	509.4a	276.6b	110675.4b
3.	Juvenile	8.602c	0.252ab	384.6a	286.6bc	86346.8a
4.	Nonbreeding	12.608 d	0.267ab	258.8a	264.0abc	57570.3a
5.	Breeding Adult	16.458c	0.260ab	376.4a	375.0d	110078.8bc
6.	Pregnant	14.796def	0.232ab	497.4a	227.0ac	91065.4ab
7.	Lactation	14.979defg	0.240ab	524.2a	350.6cde	114925.7d
Standard error		0.7864	0.043	90.84	18.1199	8728.288296
Critical diff. 5%		2.277	0.1262	265.1	52.480	25279.58079
Critical diff. 1%		3.002	0.1641	346.8	69.187	34068.185053
Coefficient of variance (%)		16.658	42.805	48.10	14.3417	20.586858

* Significant at 5% ** Significant at 1%

Within a column followed by the same letters are not significantly different.

Legend HC = Habenular commissure

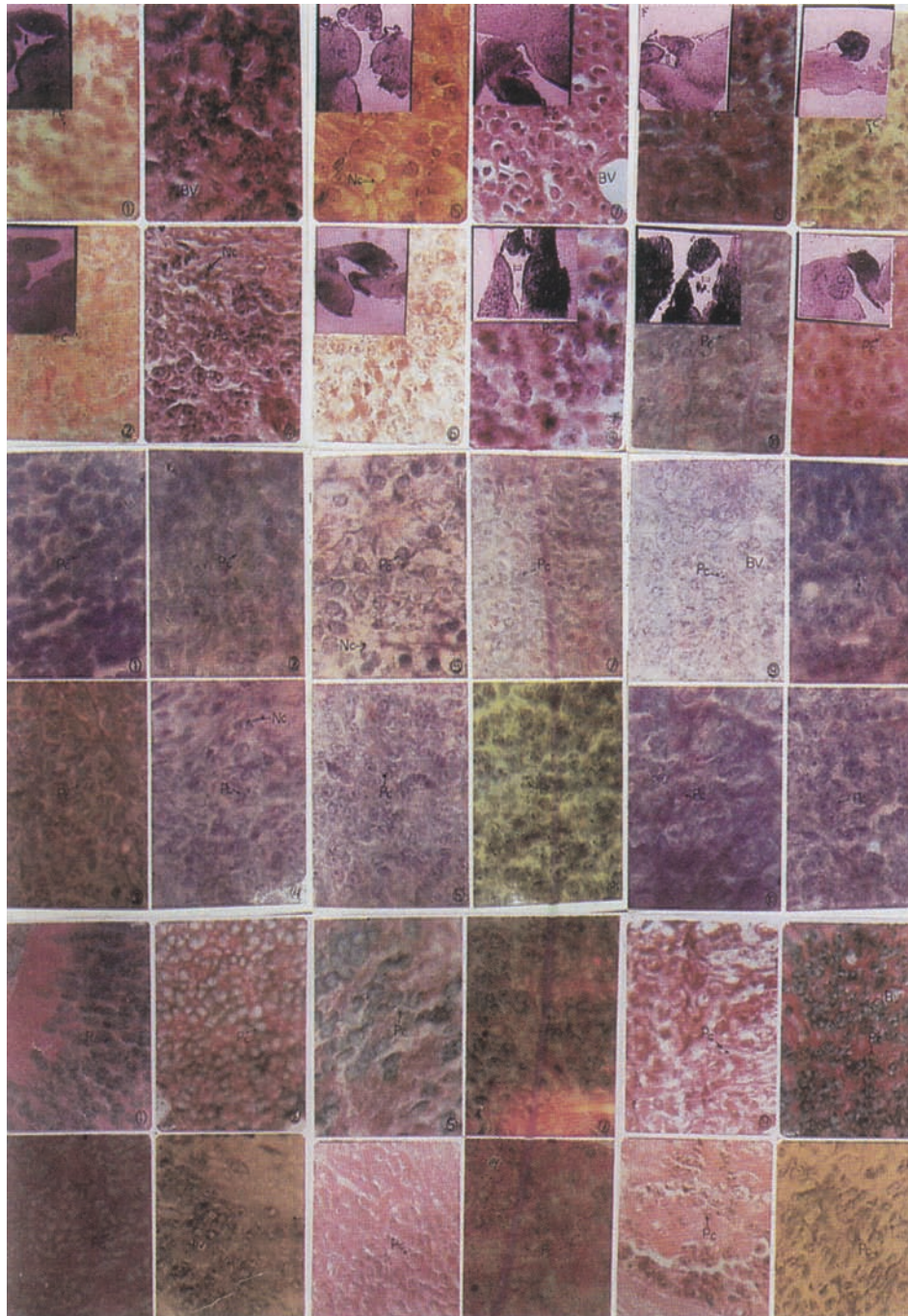


Plate 1- Showing pineal gland histochemical localization of hematoxyline-eosin staining (Plate-A) Protein staining (Plate-B), DNA-RNA staining (Plate-C) in various developmental and reproductive stage of rat tailed but Rhinopoma kinneari atx1000 (insert at x 100) fig. 1 Pinealocytes of fetus at term- Rosette like arrangement of cells. Dark pinealocytes and occasionally light pinealocytes are seen. Oval nuclei are eccentrically placed. Secretory vesicle are observed in supra pineal recess and on peripheral aspect of these cells. Fig. 2 Pinealocytes of pregnant state-Cell are tightly packed. Strongly eosinophilic cytoplasm. Brain sand are lobular and mulberry shapes. fig.3 Pinealocytes of neonate- Two types of pinealocytes are seen. Intra pineal neurons, cavities and blood vessels are seen. fig. 4 Pinealocytes of lactating state- Relative population of light pinealocytes are loosely arranged due to folding of cell. Light and Dark pinealocytes are seen. They differed in the degree of their cytoplasmic density and staining affinity fig.6 Pinealocytes of juvenile female-Round to oval pinealocyte nucleolus is very characteristic. Note the nucleolus hidden underneath the large clump of heterochromatin. Nerve fibers of various sizes run in between the pinealocytes Lipid droplet and glycogen granule are seen. fig.7 Pinealocytes of Non-Breeding male-Pinealocytes cytoplasm are granular and stained weakly. Intra pineal neurons, intra pineal cavities and blood vessels are seen. fig. 8 Pinealocytes of Non-Breeding female-Round pineal gland showing less innervations of neuron fig.9 Pinealocytes of Breeding male-Left side of innervations note more thicker than right side. fig. 10 Pinealocytes of breeding female fig. 11 Pinealocytes of torpor stage note corpora arenacea fig. 12 Pinealocytes of torpor female note large round to oval eccentric nucleolus, several large clumps of heterochromatin disperse in the nucleolus.

B.V. - Blood Vessel, E- Ependyma, HC- Habenular commissure, HN- Habenular nuclei, NC- Nerve cell, P-Pineal gland, Pc- Pinealocyte, III- Third ventricle.

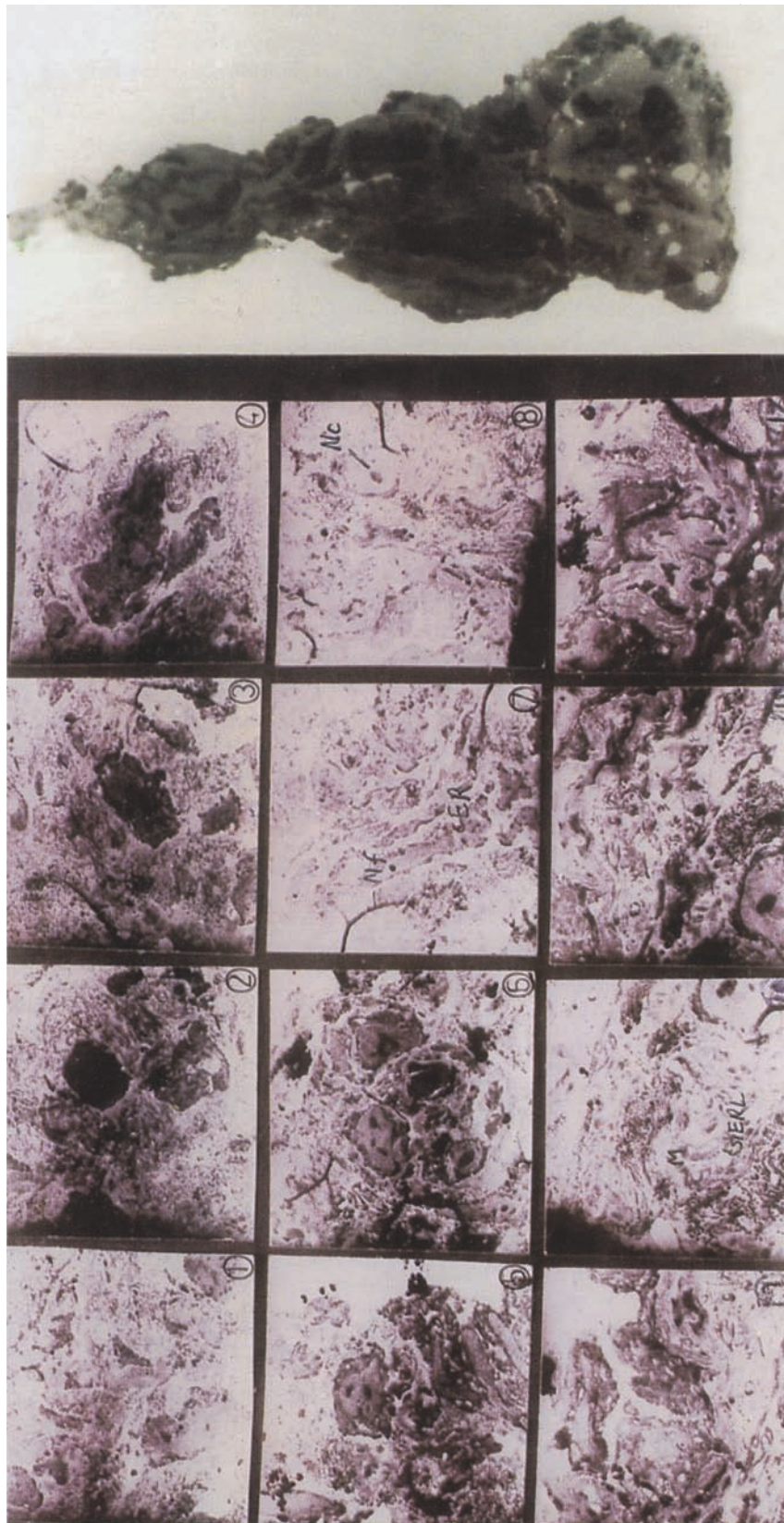


Plate 2 - Showing Electron Micrograph of Breeding Adult Female Pineal with habenular nuclei of Rat Tailed bat "Rhinopoma Kinneari" in Joel 100 S electron microscope. Fig. 1 to 8 at x 7000 and fig. 9 to 12 at x 12000 in large format. Unmyelinated Nerve cell- having axon and dendrite, Dense Core vesicle, Mitochondria, Golgi Body, rough endoplasmic reticulum, Smooth endoplasmic reticulum glycogen granules, Lipid droplets, dividing cell, vacuolated glial cell, melanin pigment, astrocytes, mast cell, corpora arenacea and skeletal fibers are seen.

Discussion

The present study highlights the morphological and histochemical characteristics of the pineal gland of an insectivorous micro chiropteran *Rhinopoma kinneari* during various developmental and reproductive states.

The pineal gland of *R. kinneari* conformed to type A (4, 31). In the present study increase in width of the pineal gland was inversely proportional to the increase in the length from one stage to the next stage at different developmental and reproductive stage. The reproductive state is usually reflected in the appearance of the pinealocytes. A feedback system was proposed to be involved between the gonads and pineal gland (28).

Seasonal cycle in the activity of the pinealocytes of bats, *Myotis lucifugus* and *Myotis sodalis*. Nuclear diameter of pinealocytes reached a peak in March, which coincided with time of their arousal from hibernation (25, 26). In these bats pinealocytes appeared to become most active during the lengthening days of early spring. The size of the pineal appeared to be governed by the principle that darkness enhances the pineal activity (15). This principle appears to be applicable to the nocturnal *Rhinopoma kinneari* used in the present study.

Mercurobromo phenol protein accumulation in case of male was highest in foetus and torpor bats. This staining was localized in the nucleoli and nuclear membrane. In female of this species the concentration of mercurobromophenol protein was found to be highest at breeding and non-breeding stages. While lowest protein concentration was observed in the neonate stage of the male and in the pregnant stage of the female. In pinealocytes of some mammals the proteinaceous component in the pinealocytes may serve as carrier for indoleamines products consisting of combination of peptidergic hormone and indoleamines (14, 16).

In the pinealocytes of cotton tail rat are proteinaceous nature. Seasonal changes in the number of vesicles that contain protein (19, 20).

Greatest protein synthetic activity in pinealocytes during the early afternoon with a peak at about 4 p.m. Nucleolar volumes of cells are generally largest during or before the increase in nucleolar RNA, which precedes maximum cytoplasm protein synthesis (21, 27). Enhanced protein synthesis probably an indication of altered physiological state of the cell (33) and the daily fluctuations in pineal level of RNA and DNA in immature (21 day old) female and adult male rats. In mature male rats a peak level was reached at about 4 p.m. marked daily fluctuations in pineal RNA were recorded in mature male rats. A definite peak occurred at noon and sharp nadir at midnight. No significant changes were noted in RNA levels of female animals although a similar pattern in their diurnal rhythm was apparent. This may be attributed to metabolic fluctuation brought by the oestrus cycle and extrinsic factors affecting ovulation. No comparisons are feasible with the data obtained in the present study since all bats were sacrificed in late forenoon.

A significant decrease in the length, but in width of pineal gland of neonate of juvenile stage. Prenatal melatonin comes from the

mother by placental transport in the first week of life. Melatonin was acquired by pups through sucking the mother's milk in the second and the third weeks (10). In mammals, the relationship of the foetal pineal and the mother's interaction appears to be a case of synchronization of circadian rhythmicity.

The significantly enlarged pineal gland was observed during juvenile stage that is from August and pineal gland of lactating stage that is July. The maximum reduced pineal gland was observed during nulliparous and foetal.

Significant sexual differences have been noticed in the pinealocytes of *R. kinneari*. The pinealocytes nuclei were larger in female bats than in male bats. In rat pineal gland a significant difference between male and female pinealocytes occurred in all age groups. The number of nuclei per unit area was larger in female rat than in male (18).

Thus, the results of the present study on the changes in the morphology, histochemistry of the pineal gland of *Rhinopoma kinneari* clearly demonstrate stage specific characteristics. Significant alterations have been observed in the morphology of the gland. These differences become sharply defined as the bats transit from one stage to other stage. The present studies clearly indicate that protein, DNA and RNA profile of pinealocytes undergoes profound changes during various developmental and reproductive states.

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Appendix - 1.1
Anova of relationship between pineal gland morphology and body weight at male Rhinopoma kinneari during various developmental and reproductive states

Source	df	Bat weight (gm)			Brain weight (gm)			Width of pineal between 2 HC (um)			Length of pineal anter to post. (um)			Area of transverse section of pineal gland (um)		
		SS	MS	fca	SS	MS	fcal	SS	MS	fcal	SS	MS	fcal	SS	MS	fcal
Stages	5	1578.08	115.00	143.85**	0.1449	0.229	3.7920*	203807.86	40761.57	9.7796**	102148.23	23429.65	14.9125**	11090933840.4	2218186728/08	5/9244
Error	24	52.7272	2.1969		0.1455	0.00606		100034.00	4168.0		32879.2	1369.96		8985829216.03	274409550.66	
Total	29	3630.7672			0.0604			303841.86			135027.47			2007676856.40		

Significant difference at 15.

Signature differ once at 5 :

Appendix 1.2
Anova of relationship between pineal gland morphology and body weight at female Rhinopoma kinneri during various developmental and reproductive states

Source	df	Bat weight (gm)			Brain weight (gm)			Width of pineal between 2 HC (um)			Length of pineal anter to post. (um)			Area of transverse section of pineal gland (um)		
		SS	MS	fca	SS	MS	fcal	SS	MS	fcal	SS	MS	fcal	SS	MS	fcal
Stages	6	985.26	197.052	63.7296**	0.0923	0.0153	1.6105*	4818211.50	803035.25	19.4614**	2635571.0	43875183.0	267.25**	27416249660.38	4569374943.39	11.995
Error	28	86.582	3.092		0.2685	0.0095		1155361.5	41262.91		45967.00	1641.67		10665622322.67	360915082.95	
Total	34	1071.8421			0.3608			5973573.00			2678538.00	38081871983.066				

**Significant difference at 1 t.